



PILATES & MINDFULNESS RETREAT | MARRAKECH

5-12 July 2023

27th Sept- 4th October 2023



Join us for 7 nights of stunning surroundings, lush greenery and relaxation, only 15 minutes away from the medina of magical Marrakech

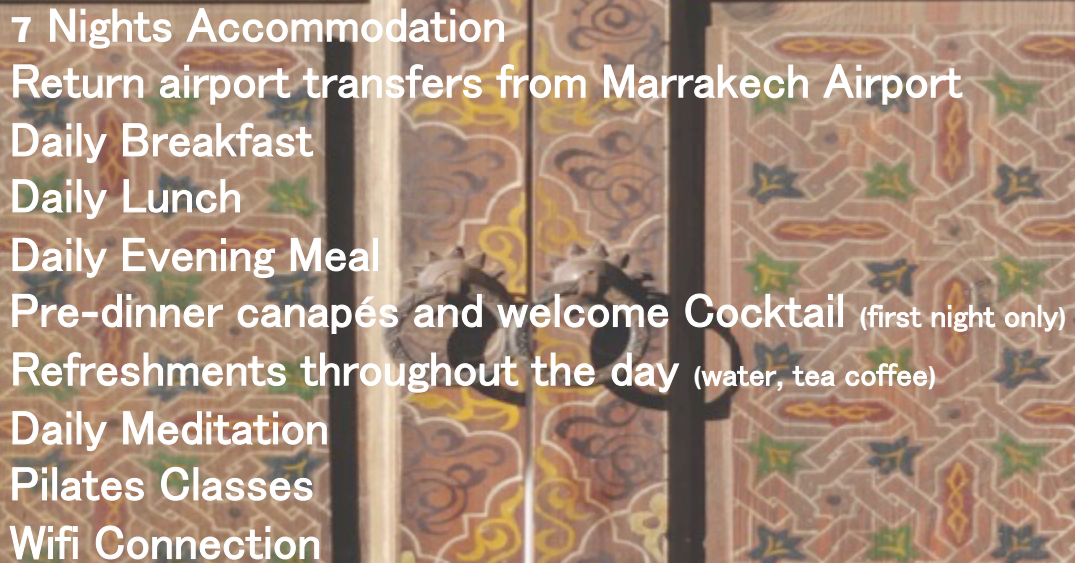


This retreat is designed to be a real pampering break for the soul, concentrating on Stress Reduction & Pilates. Our food is traditional, organic, home-made and is truly wonderful. It is our intention that our retreat attendees leave having met new friends, fabulous memories, truly unwound and completely de-stressed





What's Included in your stay



- 7 Nights Accommodation
- Return airport transfers from Marrakech Airport
- Daily Breakfast
- Daily Lunch
- Daily Evening Meal
- Pre-dinner canapés and welcome Cocktail (first night only)
- Refreshments throughout the day (water, tea coffee)
- Daily Meditation
- Pilates Classes
- Wifi Connection

Rosalind Hoyes has been teaching Pilates since qualifying as a Pilates Instructor nearly 20 years ago, with the world renowned Body Control Pilates Academy. She trained to teach Mindfulness and has developed a teaching style that blends the two practices effectively for a holistic experience that is both calming and energising. After running a busy studio for many years, she decided to combine her love of travel with her passion for teaching and has taught in hugely wide-ranging variety of environments.



Accommodation Options



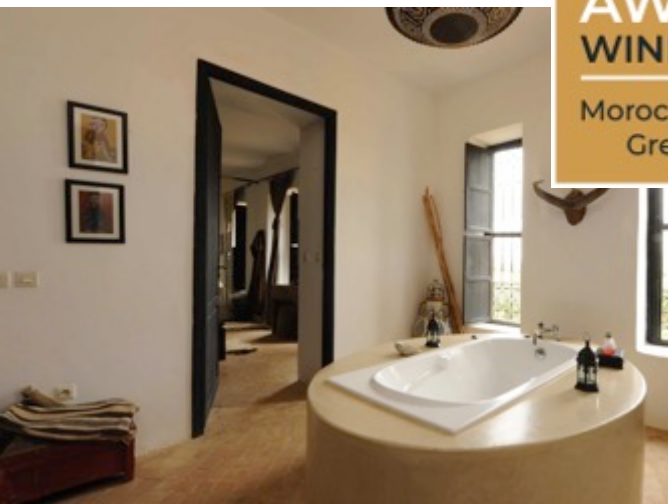
Eco Suites - Single or Double Occupancy



Downstairs Suites - Single or Double Occupancy

**WORLD
TRAVEL
AWARDS
WINNER 2018**

Morocco's Leading
Green Hotel



Upstairs Suites - Single or Double Occupancy



Twin-Bed Suites - Double Occupancy





Pricing

5-12 July 2023 -	7 Nights - Single Occupancy	- £1300
5-12 July 2023 -	7 Nights - Double Occupancy	- £ 850
27 Sept-4 Oct 2023 -	7 Nights - Single Occupancy	- £1300
27 Sept-4 Oct 2023 -	7 Nights - Single Occupancy	- £850

T's & C's: **Not included in your stay:** Flight Costs, Visas, other transport other than return airport departures, additional activities, excursions, beauty treatments, hammam, alcoholic drinks/cocktails, snacks

For more information or to book a place on our wonderful retreats please contact us:

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TEL: 00 212 673 187 346

www.fawakayvillas.com

